

# ZODIACS GYMNASTICS CLUB INC. NEWSLETTER



February 2023

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zgcburnie



Zodiacs Gymnastics Club Inc.

*Below: ALP 5-6 State Development Squad members, at their first training session for 2023.*



## TERM 1 2023

Our first term is now well underway and we have loved seeing our new and returning members back in the gym. This year we welcome Ella Groenewege and Maddie Lamprey to our coaching team. They will be working within our KinderGym and CLP classes.

### CLP Program:

This term our CLP gymnasts are working towards the skills required to achieve their current level.

If you would like feedback on your child's gymnastics at any stage, or if you have any questions regarding the program your child is in, please e-mail [zodiacsgym.burnie@gmail.com](mailto:zodiacsgym.burnie@gmail.com).

### ALP Program:

Competition season for our Senior ALP gymnasts runs throughout Term 1. This includes two trials for the Australian National Championships, to be held in QLD in May. Keep an eye on our social media pages for competition results and photos.

Junior ALP groups are in their off-season, with skill development and strength and flexibility progression being the current focus for these groups.

## TERM 1 IMPORTANT DATES

Sun 5 <sup>th</sup> March	Senior Tas Clubs Competition (Devonport)
Mon 13 <sup>th</sup> March	Public Holiday (no classes)
Sat 25 <sup>th</sup> /Sun 26 <sup>th</sup> March	Senior State Champs (Hobart)
Thurs 6 <sup>th</sup> April	Term 1 ends
Sun 23 <sup>rd</sup> April	State Development Squad Training (Devonport)
Mon 24 <sup>th</sup> April	Term 2 begins

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## 2022 GTAS AWARDS DINNER

The annual Gymnastics Tasmania awards night was held at the beginning of Term 1.

Grace Gaby, State and National Team representative, received the Womens' Artistic Gymnast of the Year award, based on her 2022 competition results. Summah Patterson, also a member of our Senior ALP group, received the Level 6-7 Rising Star Award. Summah's commitment to training, attitude and determination earned her this nomination.

Club Treasurer, Teresa Barnes, also received the Volunteer of the Year award. We extend our congratulations to all the gymnasts and Club personnel who were nominated. Zodiacs is fortunate to have such dedicated and hard working members.

## GRANT SUCCESS 2021-22 TAS GOVT IMPROVING THE PLAYING FIELD

Zodiacs Gymnastics have officially received a Tasmanian Government grant for \$142,610.

This funding will be used to complete wall and ceiling insulation of the original end of our facility.

Lighting throughout the gymnasium will be upgraded to improve energy efficiency and meet the Gymnastics Australia recommended standard.

A dedicated First Aid room and two fully lockable change rooms will also be built.

This work will occur throughout 2023. For additional information on this extension, please visit <https://www.zodiacs.gymnastics.org.au/news>

**2023**  
**EXCITING NEWS**  
**SUCCESSFUL GRANT**  
**FUNDING \$142,610**

Zodiacs are very excited to announce our Club has been a successful recipient of a Tasmanian Government Grant 2021-22 Improving the Playing Fields Grants Program (Large). Exciting changes will be underway in 2023. For more information please visit our website for project details.

SUPPORTED BY  
**Tasmanian Government**